



February 24-25, 2024  
The National Guard Armory,  
Sioux Falls, SD

# 2023 South Dakota High School Boys

# TOP TEN

## Rich Greeno Honor Roll



HOWARD WOOD  
DAKOTA RELAYS

May 4<sup>th</sup> & 5<sup>th</sup>, 2024

### 100 METER DASH

Jaden Guthmiller, Spearfish	10.45a	2022
Matthew Stahl, S.F. Washington	10.49a	2021
Gavin Fischer, S.F. Lincoln	10.53a	2021
Josiah Adams, S.F. Christian	10.54a	2023
Mason Hericks, Watertown	10.54a	2016
Sam Clark, Baltic	10.54a	2016
Nate Gerry, S.F. Washington	10.54a	2013
Tim Bishop, Harrisburg	10.55a	2022
Evan Henderson, Harrisburg	10.56a	2021
JaRon Harris, S.F. Washington	10.59a	2004

\*Best automatic time

### 200 METER DASH

Bob Johnson, S.F. Washington	21.10h	1937
Chet Bruce, Hot Springs	21.10h	1926
Chas DeMers, Winner	21.30c	2006
Nate Gerry, S.F. Washington	21.30c	2013
Gemechu Godi, S.F. Lincoln	21.30h	2012
Chris Nielsen, Madison	21.30h	2012
Seth Boomsma, Tri-Valley	21.30h	2011
Chris Fischer, Yankton	21.30h	1994
Jacob Hyde, St. Thomas More	21.51a	2019
Slade Hinricks, West Central	21.55a	2002

### 400 METER DASH

Julian Watson, Brandon Valley	47.46a	2022
Brennan Schmidt, Freeman	47.54a	2015
Larry Miller, Freeman Academy	47.80h	1982
Sayfe Jassim, S.F. Lincoln	47.90h	2005
John Kehoe, R.C. Central	48.21a	1997
Eric Mundt, Spearfish	48.00c	1986
Colin Koth, S.F. Christian	48.33a	2008
Adam Belhaj, S.F. Lincoln	48.39a	2014
Cam Holmes, Brandon Valley	48.39a	2013
Ben Stratman, Harrisburg	48.43a	2022

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### 800 METER RUN

Simeon Birnbaum, R.C. Stevens	1:50.12a	2022
Jim Reinhart, S.F. Lincoln	1:50.50	1973
Isaac Davelaar, S.F. Christian	1:51.11a	2023
Alex Muntefering, Ethan/Parkston	1:51.34	2009
Jacob Simmons, Sturgis Brown	1:52.38	2015
Josh Goehring, S.F. Roosevelt	1:53.34	2016
Brennan Witt, Custer	1:53.36	2013
Ben Schultz, Brandon Valley	1:53.40	2012
Troy Weiland, Canistota	1:53.51	1997
Sam Castle, S.F. O'Gorman	1:52.92	2023

### 1600 METER RUN

Simeon Birnbaum, R.C. Stevens *(1 Mile)	3:56.14a	2023
Jim Reinhart, S.F. Lincoln	4:06.30	1973
Steve Heidenreich, Watertown	4:09.60	1971
Rod DeHaven, Huron	4:09.80	1984
Jeff Schemmel, Madison	4:10.60	1971
Jeff Turning Heart, Cheyenne-Eagle Butte	4:11.28	1980
Erik Grumstrup, R.C. Stevens	4:12.60	2001
Tony Smoragiewicz, R.C. Central	4:12.60	2012
Jacob Simmons, Sturgis	4:12.81	2015
Loren Kambestad, Bristol	4:13.70	1969

### 3200 METER RUN

Simeon Birnbaum, R.C. Stevens	8:31.73a	2023
Erik Grumstrup, R.C. Stevens	8:56.30	2001
Tony Smoragiewicz, R.C. Central	8:57.10	2012
Will Lauer, S.F. Lincoln	8:58.49	2015
Addison DeHaven, Brookings	9:00.19	2013
Greg Jimmerson, R.C. Stevens	9:04.10	1993
Will Lauer, S.F. Lincoln	9:05.50	2014
Jim Reinhart, S.F. Lincoln	9:06.50	1973
Sawyer Clarkson, Belle Fourche	9:07.70a	2023
Jeff Schemmel, Madison	9:07.80	1971
Rod DeHaven, Huron	9:08.59	1984

### 110 METER HURDLES

Talon Maxon, R.C. Central	14.15a	2015
Rich Maguire, R.C. Central	14.16a	1996
Aaron Lessin, R.C. Stevens	14.23a	2004
Erik Hill, Tea Area	14.24a	2011
Jon Harms, Aberdeen Central	14.27a	2001
Matt Tetzlaff, Pierre	14.27a	2008
Parker McKittrick, Pierre	14.10h	2011
Mark Larscheid, Pierre	14.10h	1969
Matt Dunbar, Dell Rapids	14.37a	2010
Justus Adams, S.F. Christian	14.37a	2018

### 300 INTERMEDIATE HURDLES

Jason Greenway, Mitchell	37.89a	2011
Tom Taylor, S.F. Lincoln	37.89a	1988
Chris Oostra, S.F. Christian	38.12a	2021
Erik Hill, Tea Area	38.11a	2011
Parker McKittrick, Pierre	38.24a	2011
Lukas Bernard, Watertown	38.38a	2012
Matt Dunbar, Dell Rapids	38.51a	2010
Jake Hamik, Aberdeen Roncalli	38.30h	2004
Josiah Adams, S.F. Christian	38.54a	2023
Justin Noteboom, Corsica	38.55a	2000

### PLEASE NOTE:

a = Fully Automatic Time c = Converted from FAT  
h = Hand Held Time

### IN MEMORY OF RICH GREENO 1928 - 2017



We dedicate our posters to SD Track & Field legend Rich Greeno and his lasting legacy.

### 4X100 METER RELAY

S.F. Lincoln (Myers, Redd, Bizimana, Brison)	41.98a	2018
Brandon Valley (Andresen, Dulaney, Thompson, J. Watson)	42.27a	2022
R.C. Central (Hay, Gary, Walton-Blanden, Hagen)	42.31a	2018
S.F. Rosevelt (Brown, Rawls, Roggenbuck, Huber)	42.34a	2023
Watertown (Determan, Schulte, DeJong, Hericks)	42.34a	2016
S.F. Rosevelt (Brown, Currier, Rawls, Goehring)	42.43a	2022
S.F. Lincoln (Merkley, Bolognone, Knudson, Zitterich)	42.46a	1997
S.F. Lincoln (Meyers, Redd, Furula, Brison)	42.47a	2018
R.C. Stevens (Morgan, Markins, Lust, Meisman)	42.59a	2023
S.F. Christian (Reuer, VanDonge, Schroder, Adams)	42.59a	2023

### 4X200 METER RELAY

S.F. Christian (Reuer, VanDonge, Schroder, Adams)	1:27.42a	2023
Brandon Valley (Hunt, DeWitt, Andresen, Dulaney)	1:27.52a	2023
S.F. Lincoln (Schuller, Redd, Bizimana, Brison)	1:27.90a	2018
S.F. Lincoln (Schuller, Salava, Becker, Brison)	1:27.92a	2018
Watertown (Determan, Schulte, DeJong, Hericks)	1:28.07a	2016
S.F. Christian (Reuer, Schroder, Vandonge, Adams)	1:28.10a	2023
S.F. Lincoln (Belhaj, Akok, Geoman, Godi)	1:28.14a	2012
Watertown (Werner, DeJong, Hartman, Determan)	1:28.25a	2018
Brandon Valley (Donahoe, Dulaney, Andresen, Thompson)	1:28.27a	2022
O'Gorman (Thiesse, Konchne, Dannenbring, Anstine)	1:28.29a	2023

### 4X400 METER RELAY

Brandon Valley (Donahoe, Anders, Dewitt, J. Watson)	3:18.09a	2022
Watertown (Gilbertson, Schull, Winkels, Bernard)	3:19.27a	2011
S.F. Washington (Gerry, McMartin, Gebhart, Shade)	3:19.37a	2009
S.F. Christian (TenNapel, Robinson, Koth, Velgersdyk)	3:19.99a	2008
R.C. Central (Thorson, Lockwood, MaGuire, Kehoe)	3:19.99a	1997
Brandon Valley (Donahoe, Anders, L. Watson, J. Watson)	3:20.05a	2022
S.F. Washington (Reilly, Dupic, Colleran, Christian)	3:20.10h	1999
O'Gorman (Askew, Konechne, Biersma, Castle)	3:20.18a	2023
Aberdeen Central (Heimann, Johnson, Dingman, Salfrank)	3:20.53a	2023
S.F. Washington (Waddell, Oluak, Derr, Feteri)	3:20.72a	2015

### 4X800 METER RELAY

Brandon Valley (Schultz, Killian, Brockmueller, Brockmueller)	7:48.31a	2010
O'Gorman (Hargens, Greenfield, Klotzback, Kendle)	7:50.16a	2004
Yankton (Grossenberg, Yaggie, Hohenthaler, Brenner)	7:50.85a	2010
S.F. Washington (Carda, Warwick, Sannes, Waddell)	7:51.26a	2012
S.F. Washington (Strand, Heitkamp, Waddell, Shade)	7:52.28a	2009
Watertown (Carpenter, Stormo, Heidenreich, Titze)	7:52.30h	1971
S.F. Roosevelt (Tabbert, Johnson, Slaba, Tuschen)	7:52.62a	2012
Mitchell (Horstman, Grossman, Rietveldt, Rietveld)	7:52.64a	1985
R.C. Stevens (Coates, Wright, Shreves, Sterling)	7:52.85a	2010
S.F. Lincoln (Tuch, Bills, Bills, Erickson)	7:52.80h	1974

### SPRINT MEDLEY RELAY

R.C. Stevens (Lunders, Juniel, Otten, Birnbaum)	3:25.12a	2022
S.F. Lincoln (Larson, Elliott, Tyler, Reinhart)	3:27.24a	1973
S.F. Washington (Aware, Gerry, Strand, Waddell)	3:30.38a	2011
S.F. Christian (Reuer, Skyberg, Schroder, Davelaar)	3:30.45a	2023
S.F. Washington (McKinnie, Bren, Feteri, Derr)	3:30.56a	2016
Brandon Valley (Taggart, Grieve, Holmes, Schultz)	3:30.40h	2012
Watertown (Woldt, Byer, Meyers, Heidenreich)	3:30.60h	1970
S.F. Roosevelt (Vinatieri, Scott, Akok, Goehring)	3:31.56a	2015
Watertown (Langner, Trevino, Schull, Gilbertson)	3:32.16a	2010
S.F. Washington (Determan, Ayom, Eberle, Waddell)	3:32.20a	2012

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### TRIPLE JUMP

Bud Hamilton, Hot Springs	47'11.50"	1991
Sage Hagen, R.C. Central	47'04.50"	2018
Mike Isaac, R.C. Douglas	47'04.25"	1991
Brad Monahan, Watertown	47'03.25"	2007
Jason Conley, R.C. Central	47'03.25"	1991
Joshua Dotson, R.C. Central	47'03.00"	2015
Chad Greenway, Mt. Vernon	47'01.50"	2001
Todd Kolden, Aberdeen Central	47'00.00"	1979
Alex Wilde, Brandon Valley	46'11.25"	2014
Paul Hendry, R.C. Stevens	46'10.00"	1986

### HIGH JUMP

Nick Johannsen, Miller	7'02.00"	1991
Scott Benson, R.C. Stevens	7'02.00"	1988
Jason Sutherland, Watertown	7'01.00"	1992
Zack Anderson, Parker	7'00.00"	2016
Travis Martin, Scotland	7'00.00"	1989
Bud Hamilton, Hot Springs	7'00.00"	1991
Michael Tweidt, Pierre	6'10.50"	2006
Derek Gearman, Lennox	6'10.25"	2003
Brian Antoine, Watertown	6'10.00"	1997

### LONG JUMP

Sam Rolfs, Aberdeen Central	24'00.75"	2022
Hunter Merkley, S.F. Lincoln	23'11.50"	2019
Jared Vlastuin, Lennox	23'08.75"	2008
Scott Jorgenson, Brookings	23'08.50"	2007
Dave Bakke, S.F. Washington	23'08.25"	1976
Jared Hannigan, Aberdeen Central	23'05.50"	2010
Josh Martin, Spearfish	23'04.75"	1999
Curt Urevig, Howard	23'04.50"	1990
Cole Hurlley, Wessington Springs	23'04.50"	1994
Doug Vlasman, Madison	23'04.50"	1982



CORRECTIONS OR ADDITIONS  
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### SHOT PUT

Tyler Schultz, Custer	70'06.00"/63'08.50"	2012/2011
Kyle McKelvey, Beresford	69'03.00"	2011/2015
Eric Flores, Custer	67'04.50"/63'11.00"	2006/2005
Cooper Mack, Watertown	67'03.50"	2021
Tyg Long, Custer	65'06.50"	2002
Aaron Jung, Watertown	65'04.00"	2008
Kael Miedema, S.F. Washington	64'08.00"	2023
Jack Lembke, S.F. Roosevelt	65'01.00"/63'10.50"	2014/2013
Dave Larsen, Brandon Valley	63'10.25"	1979

### DISCUS THROW

George Amundson, Aberdeen Central	211'04.00"	1969
Jack Lembke, S.F. Roosevelt	198'03.00"	2014
Kael Miedema, S.F. Washington	196'06.00"/190'10.25"	2023/22
Daniel Roberts, Moberg-Pollock	192'05.50"/191'10.00"	2012/2013
Jason Long, Harding County	191'08.00"	1993
Cody Snyder, Andes Central	191'06.00"	2010
Gary Schwartz, Wessington Springs	190'07.00"	1962
Tom Schroeder, Miller	187'09.00"	2005
Billy Hardcastle, Moberg	187'07.00"	2006
Matt Swenson, Brandon Valley	186'08.00"	1986

### POLE VAULT

Jaden Peters, Wagner	16'01.50"	2021
Andy Henrichsen, R.C. Stevens	16'01.00"	1995
Kaleb Rupert-Ellis, Brookings	16'00.00"	2015
Jon Wurtz, R.C. Stevens	16'00.00"	1993
Qwen Spartz, Watertown	15'09.00"	2023
Chase Maher, R.C. Christian	15'07.00"	2023
Trent Francom, Huron	15'06.00"	2017
Ian Tulberg, Custer	15'04.50"	1994
Mike Rhoades, Yankton	15'04.00"	1983
Beau Karst, Harrisburg	15'04.00"	2023

### JAVELIN THROW

Carson Barnett, Harrisburg	183'06.00"/173'09.00"	2023/22
Griffin Wilde, S.F. Jefferson	177'07.00"	2023
Braydon Cline, Brandon Valley	174'01.00"/172'09.00"	2022/23
Damon Roggenbuck, S.F. Roosevelt	173'02.00"	2023
Christian Rodriguez, Hamlin	170'07.00"	2023
Kolby Drake, St Thomas Moore	167'09.00"	2023
Zach Boden, Beresford	167'02.00"	2023
Jack Smith, S.F. Lincoln	165'02.00"	2023
Hayden Gross, O'Gorman	165'00.50"	2023
Tate Schafer, S.F. Lincoln	164'08.00"	2023

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